



Clinical Workshop on
CRYONEUROLYSIS
7 & 8 MAY

Hospital Universitario de Melilla

SCIENTIFIC PROGRAM

ORGANIZERS



SCIENTIFIC ENDORSEMENT



Asociación Andaluza del Dolor



SPONSORS



METRUM CRYOFLEX



MEDICAL
IMBRAIN

PRESENTATION

Welcome to the **Clinical Workshop on Cryoneurolysis**, a scientific event that will take place at the **University Hospital on Melilla on May 7–8, 2026**.

This course has been created with the aim of exploring cryoneurolysis in depth—an innovative and minimally invasive technique that is transforming the management of chronic pain and spasticity. Through a strongly clinical approach, we will cover everything from scientific foundations and current evidence to the most complex practical applications involving the upper limbs, lower limbs, and trunk.

Why attend?

This course offers a unique educational opportunity through a program with a strong practical focus:

- **Academic Excellence:**

We feature a panel of renowned national experts and the exceptional participation of **Dr. Paul Winston** (University of British Columbia, Canada), a world leader in spasticity treatment, who will deliver a keynote lecture. He will be joined by **Dr. Jose Pereira and Dr. Simão Serrano**, internationally recognized experts in spasticity and pain management.

- **Hands-on Training:**

Learning is reinforced through ultrasound-based practical workshops and two sessions entirely dedicated to real clinical cases, allowing participants to observe the application of cryoneurolysis in patients.

A collaborative environment

Beyond technical training, this course aims to be a meeting point for specialists in Rehabilitation Medicine and Pain Medicine, promoting discussion and exchange of experience in a state-of-the-art hospital setting.

We invite you to be part of this educational experience that will mark a turning point in your clinical practice.

See you in Melilla!

Jorge Moreno López

Course Director



WEDNESDAY 6/5/26

20:00 Welcome Reception

THURSDAY 7/5/26 — SPASTICITY

08:30 Welcome and course presentation. Alberto Romero Cerón. Managing Director of Healthcare Services of Melilla

08:40 KEYNOTE LECTURE: Cryoneurolysis as a Novel Treatment for Spasticity, Associated Pain and Presumed Contracture. Paul Winston. Medical Director of Rehabilitation and Transitions at Island Health. University of British Columbia

09:20 Upper limb spasticity: nerve targets. Diego Hermoso de Mendoza. PRM Specialist, Gorliz Hospital. CryoSpain Rehabilitation Hospital Viamed Los Manzanos

09:50 Lower limb spasticity: nerve targets. Gil de Sousa. PRM Specialist, Gorliz Hospital. CryoSpain Rehabilitation Hospital Viamed Los Manzanos

10:20 Application of cryoneurolysis in spasticity. Jose Pereira, MD. National Centre for Functional Re-education and Rehabilitation (CNRFR), Luxembourg

10:50 Discussion and consensus on spasticity treatment

11:05 Coffee break

11:35 Ultrasound Hands-on Workshop I: Spasticity

Coordinators: Paul Winston, Jose Pereira, Diego Hermoso de Mendoza, Gil de Sousa

14:00 Lunch

16:00–20:00 Clinical Cases: Cryoneurolysis Applications.

Coordinators: Paul Winston, Jose Pereira, Diego Hermoso de Mendoza, Gil de Sousa, Jorge Moreno López

21:00 Dinner

Please note that all sessions will be conducted in Spanish, with the exception of Dr. Paul Winston's keynote lecture, the ultrasound workshops, and the clinical cases, which will be delivered in English too. To ensure full accessibility for all participants, simultaneous translation services will be provided for all Spanish-speaking sessions



FRIDAY 8/5/26 — PAIN

8:30 Joint Denervation with Cryoneurolysis: Shoulder and Hip. Ana Meléndez Laborda. PRM Specialist, Calahorra Hospital. CryoSpain Rehabilitation Hospital Viamed Los Manzanos.

9:00 Joint Denervation with Cryoneurolysis: Knee and Ankle. Alfredo Rodríguez Pérez. PRM Specialist, Calahorra Hospital. CryoSpain Rehabilitation Hospital Viamed Los Manzanos

09:30 Cryoneurolysis in Spinal and Extra-articular Pain. Simão Serrano, MD. PMR, CIPS Interventional Pain Management Unit (ULS de Coimbra) Chronic Pain Department, ULS do Médio Tejo

10:00 Debate and consensus on Pain treatment.

10:15 Coffee break

10:45 Ultrasound Hands-on Workshop II: Pain.

Coordinators: Paul Winston, Simão Serrano, Alfredo Rodríguez Pérez, Ana Meléndez Laborda.

14:00 Lunch

16:00-19:00 Clinical Cases: Cryoneurolysis Applications.

Coordinators: Paul Winston, Simão Serrano, Alfredo Rodríguez Pérez, Ana Meléndez Laborda, Jorge Moreno López.

19:00 Closing Ceremony.

Please note that all sessions will be conducted in Spanish, with the exception of Dr. Paul Winston's keynote lecture, the ultrasound workshops, and the clinical cases, which will be delivered in English too. To ensure full accessibility for all participants, simultaneous translation services will be provided for all Spanish-speaking sessions



REGISTRATION
VISIT CRIONEUROLISIS.COM



MEDICAL
IMBRAIN

